



Antenatal Results & Choices

Who is ARC?

ARC is the only national charity offering impartial information and emotional support to expectant parents throughout antenatal screening, testing and diagnosis.

Ways to contact ARC

Helpline: 0207 713 7486

(10 am—5:30 pm Mon-Fri)

Email: info@arc-uk.org

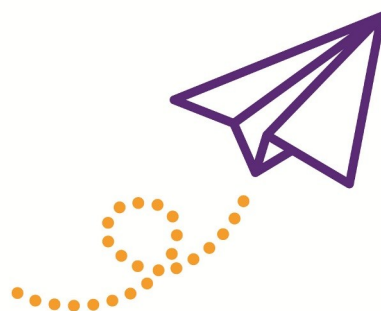
Text: 0790 868 3004

Live chat: ARC aim to have live chat function available during working hours as often as possible

We help families from all backgrounds through their most challenging times.

To find out more about Home-Start, visit;

www.homestartbirmingham.co.uk



**HOME
START**
Cole Valley

**HOME
START**
Birmingham Central
And South-West

Antenatal Results & Choices



We are here to support you

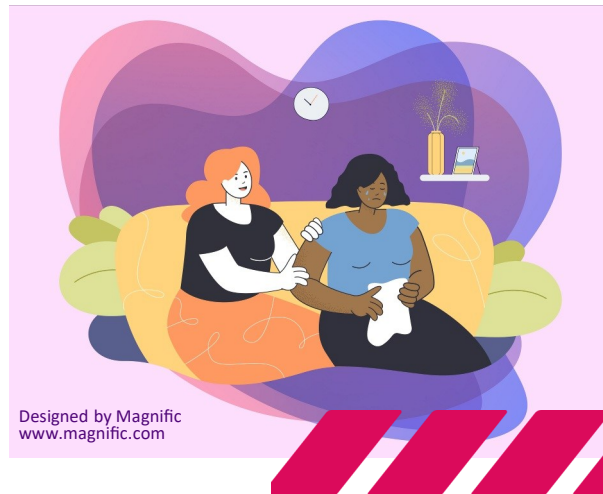
Pregnancy doesn't always go as planned. Each year, over 20,000 expectant parents receive unexpected or difficult news about their baby's development. ARC in partnership with Home-Start provides space and support to help you navigate what comes next.

**HOME
START**



We know antenatal test results can sometimes be challenging. We're here to help!

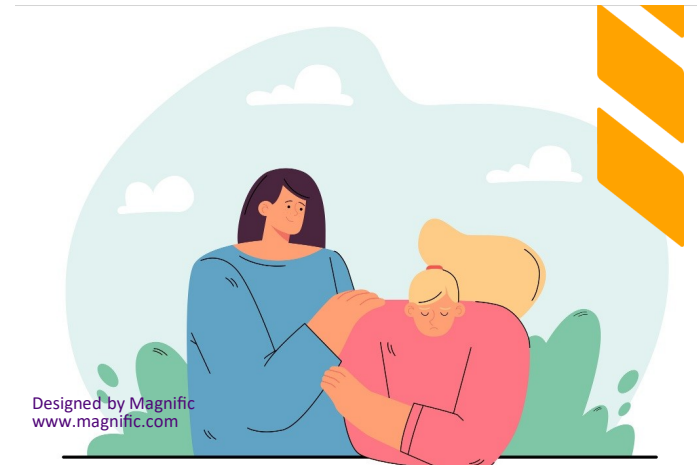
- ⇒ We support families to understand maternity services, including appointments and screening during pregnancy. We offer time and space to talk through information, ask questions, and reflect between appointments.
- ⇒ If you receive unexpected antenatal screening or diagnostic results, we are here to help you understand your options and provide emotional support throughout the process.
- ⇒ If you have experienced a previous diagnosis or termination for medical reason, we provide emotional and practical support.
- ⇒ If you choose to continue or end your pregnancy, we offer support and care. This also includes support after loss.



Together, ARC and Home-Start are committed to helping you feel informed, empowered and supported in making the right choice for you and your family.

Our support includes:

- ◇ A safe confidential and non-judgmental space.
- ◇ Clear, balanced information to guide informed decision making.
- ◇ Signposting to further resources and specialist services.



Want to talk? Reach out to find out more by contacting one of our ARC Outreach Co-ordinators

Heartlands & Good Hope
Affaf Nasrullah—Tel: 0785 186 6063
ARC@homestartcoleyvalley.org.uk

Bham Women's & Metropolitan University
Sonia Thompson—Tel: 0751 936 1686
Sonia.thompson@homestartbcsw.org



Find out more about how Home-Start works with families.

www.homestartbirmingham.co.uk